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Dear Parent/carer,

Situation in Ukraine

As the sad news of the situation in the Ukraine and the unfolding tragic events continue to dominate the headlines around the world, we understand that this may be a difficult subject to navigate with your child.

The following information may be helpful if needing to provide reassurance to your child or you want to talk about the situation with them.

<u>Be Honest</u> - Answer questions as honestly as you can. Try to keep it factual and to the point. Give your child reassurance.

<u>Be Calm</u> - Children often look to their parents / carers as to how they should feel. None of us have all the answers, so you don't need to pretend that you do.

Think about what children might hear from adult conversations and television that might make them feel worried and take that into account.

<u>Listen</u> - Take time to listen to your child. Give your child a chance to express how they feel if they need to. Set a few minutes aside around an hour before bed and ask them how they are feeling, and if they are worried about anything. Then they can get things off their chest before they go to sleep.

In school, our assemblies continue to educate and support children's understanding of events around the world. Our assemblies are age and content appropriate and we use stories to tackle difficult situations. Through these stories, our children learn to develop empathy and compassion, promoting tolerance and diversity.

We also use CBBC Newsround in the classroom to learn about current affairs. This is an excellent resource for children age 6 to 12-year-olds and the stories and language used in the bulletins reflects that.

It is important we work together to support our children in these difficult current times promoting peace and humanity.

Kind regards,

S Overfield

Miss S Overfield - Head teacher