   Thornhill Primary School – LTP 2022-23

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|   | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1  | Summer 2  |
| Year 1  | Fundamental Movement Skills  Fundamental Movement Skills (Handball)  | Fundamental Movement Skills (Football)  Dance   | Fundamental Movement Skills (Dodgeball)  Dance   | Gymnastics   Fundamental Movement Skills (Basketball/Netball)   | Health and Fitness (Hula Hooping, Yoga and more)  Fundamental Movement Skills (Tennis/Golf)  Rhythmic Gymnastics   | Fundamental Movement Skills (Athletics)  Fundamental Movement Skills (Striking and Fielding)   Dance  |
| Year 2   | Fundamental Movement Skills (Tag Rugby)  Fundamental Movement Skills (Handball)  | Fundamental Movement Skills (Football)  Dance   | Fundamental Movement Skills (Dodgeball)  Dance   | Gymnastics   Fundamental Movement Skills (Basketball/Netball)   | Health and Fitness (Hula Hooping, Yoga and more)  Fundamental Movement Skills (Tennis/Golf)  Rhythmic Gymnastics   | Fundamental Movement Skills (Athletics)   Fundamental Movement Skills (Striking and Fielding)   Dance  |
| Year 3   | Tag Rugby   Handball   | Football   Dance and Swimming  | Sports Leadership (Dodgeball)  Dance  | Gymnastics  Netball   Swimming  | Outdoor Adventure Activities  Tennis/Golf    Swimming  | Athletics   Striking and Fielding (Cricket and Rounders)   Swimming    |
| Year 4  | Tag Rugby   Handball  Swimming  | Gymnastics (Rhythmic)  Football  Dance and Swimming   | Sports Leadership (Dodgeball)   Dance  Swimming   | Gymnastics  Netball   Swimming   | OAA/Tennis/Golf   Dance (Maypole Performance)  Swimming   | Athletics  Striking and Fielding (Cricket and Rounders)    Swimming   |
| Year 5  | Tag Rugby   Handball  Swimming   | Sportshall Athletics/Cross Country Football   Dance and Swimming   | Sports Leadership (Dodgeball)   Dance  Swimming   | Gymnastics   Netball   Swimming   | Outdoor Adventure Activities  Tennis/Golf   \*Swimming   | Athletics  Striking and Fielding (Cricket and Rounders)    \*Swimming   |
| Year 6   | Tag rugby  Handball    | Cross Country   Football  Dance   | Sports Leadership (Dodgeball)  Dance   | Gymnastics   Netball    | Outdoor Adventure Activities  Tennis/Golf  \*Swimming  | Athletics    Striking and Fielding (Cricket and Rounders)    \*Swimming   |